

# Indus Valley Sustainable Living

## April 2011 – Happy Earth Day

### News

- We have been busy planting our veggie garden. Tomatoes, Potatoes, Onions, Okra, Egg plants, all kinds of Peppers, and lot of Herbs n Greens. Looking forward to productive garden. Students love it when they get to go out and pick the vegetables for our “Vegetarian Farm to Fork Cooking Class”.

- Thanks everyone who stopped by our booth at the “Woodlands & Wildlife Expo” and told us that they watched us on Yolanda Green show. Here is the link for the Clip from the program. Come by for the next class on Apr10th.

- We need Volunteers to walk the dogs during the parade on Apr 2nd for Paw Party at The Plaza. Please call if you can help—832-277-3577

[More Details](#)

### Earth Day Events

Please Join us in celebrating 43rd Earth Day Birthday this Apr. **Apr 16th – Apr 22nd** – No Impact Man Week

#### Apr 22nd, Earth Day

9:30AM–10:00AM – Plant a Tree

10:00AM – 11:00AM – Pay it Forward Eco Yoga Class

12:00PM – 4:00PM – Adopt a Recycled Pet

6:00PM – 7:00PM – Barter Bazaar

7:00PM – 9:00PM – Movie Night

#### Apr 23rd, Discovery Green

#### Apr 24th, Building with Earth

9:00AM – 5:00PM – Build an Earthen Pizza/Bread Oven

[More Details](#)

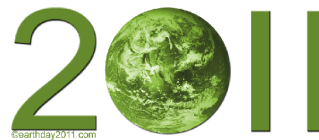
### Re-Skilling Classes

In our enthusiasm to become bigger and better society we have been modernizing, learning new skills, finding new technology. We have been going as fast as we can without looking back, until recently. When natural disaster like hurricanes made us realize that we are too dependent on others for our food, water & energy. We are no longer self sufficient & don't know how to take care of ourselves if something happens to stop our supply. We have forgotten the skills our ancestors had. Re-Learn the skills that made our ancestors self sufficient through our Re-Skilling Classes.

[More Details](#)

### Upcoming Events, Classes & Workshops

### Volume 4, Issue 1, April



Celebrate Earth Day's 43rd Birthday with us on Apr 22nd. Free Yoga, Barter Bazaar, Movie

### Recycled Pets

Adopt a recycled pet this Earth Day!



Pure Mutts Animal Sanctuary

### Re-Skilling



Join Dr Merriweather for “Wild Edibles Food Foraging” Adventure/Nature Walk

## Upcoming Events, Classes & Workshops



Ferro-cement Thai  
Rain Jar



Earthen Oven



Yoga in the Woods.  
Relax, Rejuvenate,  
Recharge.

### April Workshops & Events

#### Re-Skilling Classes—\$25 only(20% off for our Members—\$20)

Apr 3rd – Wild Edibles Food Foraging Adventure

Apr 10th – Build A Rain Barrel Workshop

#### Permaculture Workshops – \$50–\$200

##### *Rain Water Harvesting & Natural Building*

Apr 16th-17th – Sculpture a Ferro Cement Thai Rain Jar

Apr 24th – Build an Earthen Bread/Pizza Oven

#### Community Building Free/Donation Based Events

Apr 22nd – Barter Bazaar and Movie Night

#### Gardening Classes \$25 only(20% off for our Members—\$20)

Apr 30th – Build Hummingbird & Butterfly Garden

#### Yoga

Apr 22nd – Pay It Forward Eco Yoga Practice

Weekly Yoga Practice – Please see schedule

### May Sneak Peek

“Give Mom a Break Yoga Retreat” -

Great Mother’s day Gift (Weekend after Mother’s Day)

“Paw-Casso”

Bring your dog out to find his/her hidden Picasso.

“Build a Cob Bench”

Learn to sculpt Beautiful Earthen Bench out of clay, sand, straw and wine bottles.

[More Details](#)

To remove your name from our mailing list, please [click here](#).

Questions or comments? E-mail us at -

EcoLiving@IndusValleyInstitute.com or call us at 832-277-3577

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